## BEFORE A HURRICANE....

Don't let a hurricane or any other weather event take you by surprise. Be prepared in case there is no water service, electricity, and/or transportation. Below is a checklist of items you may need to prepare for an emergency.

### Safety items

- Flashlight
- Battery-powered radio
- Additional batteries
- Cell phone charger
- First Aid Kit
- Sweater/Coat
- Mosquito repellent
- Plastic bags
- Cash

### Food and medications

- Canned food
- Bottled water
- Manual can-opener
- Disposable flatware/plates
- Pet food
- Portable cooler
- Prescription drugs
- Additional prescriptions
- Copy of your medical records
- Health plan ID card

Supplies should last 3 to 5 days.

### Check, update, and prepare yourself!

In case of emergency, call: 9-1-1 Emergency Services 787.724.0124 Emergency Operations Center manejodeemergencias.pr.go

# FOLLOW US:

### **Toiletries**

- Hand sanitizer
- Wet cleaning cloths
- Soap
- Toothpaste
- Diapers
- Sanitary napkins/pads
- Toothbrush
- Deodorant

### Steps to be taken at home

- Clean rain gutters and downspouts
  - Trim plants and trees that are close by
- Clean your surroundings
- Check your property insurance policy
- Save all personal documents in plastic bags
- Check the power generator
- Identify an evacuation route
- Identify the nearest shelter
- Prepare an emergency plan for your pets

#### References:

Agencia Estatal para el Manejo de Emergencias http://www2.pr.gov/agencias/aemead/PortalEducativo/Pages/Tempor ada-de-Huracanes.aspx

CDC Centros para el Control y la Prevención de Enfermedades http://emergency.cdc.gov/es/disasters/hurricanes/supplies.asp